

AppleSeed Montessori School

1095 Dunford Way, Suite 800

Sunnyvale, CA 94087

Primary (Preschool/Pre-K/TK/K) No-Nap Room Daily Schedule (Full Time)

7:00 – 8:45	Day Care, Indoor Free Play Time in Room E3
8:45 – 9:00	Morning Greeting
9:00 – 9:35	Playground 2
9:40 – 9:50	Bathroom / Change Shoes
9:50 – 10:05	Morning Circle: Attendance, calendar, date, days of the week, Weather, Montessori demonstrations, science or geography lesson
10:05 – 11:30	Work Session – Free Choice Small group lessons and individual lessons will be given by the teachers. Snack is also available for the children to enjoy.
11:40 – 11:50	Bathroom
11:50 – 12:40	Lunch set up / Lunch time
12:40 – 1:00	Clean up / Music & Movement / Story Time
1:00 – 1:30	Rest Time
1:30 – 1:40	Bathroom
1:45 – 2:15	Circle / Montessori Job Demonstration
2:15 – 3:30	Work Session – Free Choice Small group lessons and individual lessons will be given by the teachers.
3:30 – 3:45	Bathroom / Change Shoes
3:45 – 4:15	Playground Time
4:15 – 4:30	Bathroom / Change Shoes
4:30 – 4:45	Snack Time
4:45 – 5:30	Free Play / Coloring
5:30 – 5:45	Clean Up / Music Time / Story Time
5:45 – 6:00	Story Time / Get ready for dismissal in Room E2